

Central Calderdale **Children's Centres**



trust **Breastfeeding Group** Tuesdays: 10.00am - 11.30am at Jubilee Children's Centre Our group is for anyone who is thinking about **breastfeeding**, already breastfeeding or for anyone who would like to find out a little bit more information about breastfeeding. Come along and join us in a relaxed, friendly environment, where you can drop in for a chat, meet other breastfeeding mums as well as having the pportunity to speak to our **experienced** peer supporters. For more information please call us on 01422 342552

Family Group

Come and join us for lots of free and fun activities for all the family! Suitable for families with children aged 0-8 years old

There will be creative activities, messy play, games, music and more! Don't forget Dads and male carers can come along too!

Every 2nd Saturday of the month 10 am -12 noon

13th January 2024 @ Little Stars Children's Centre, HX1 3XL 10th February 2024 @ Todmorden College Hall, OL14 7BX 9th March 2024 @ Little Stars Children's Centre, HX1 3XL 13th April 2024 @ Todmorden College Hall, OL14 7BX

All children must be accompanied by an adult For more information please call Little Stars Children's Centre on 01422 252022 or Todmorden Children's Centre on 01706 399970

Fun4Youths Touth Club



Every Wednesday 4 - 6 pm (term time only) @ The Outback Community Kitchen & Garden, Lightowler Road, HX1 5NB (behind Jubilee)

At Fun4Youths we focus on our emotional wellbeing, building confidence and self esteem, we create activities around the children's interests, support independence, build nce, support self reliance, learn about a healthy lifestyle and much more!

Farzana.kousar@regen.org.uk Call: 01422 252022

Make marks using lots of different materials and

media!

Holiday **Activities**

Making Marks

13th February - 1:30pm - 3:00pm St Paul's Methodist Church, Sowerby Bridge, HX6 2EQ **14th February** – 1:30pm – 3:00pm

Todmorden College Hall, Burnley Road, Todmorden, **OL14 7BX**

15th February - 1:30pm - 3:00pm Little Stars Children's Centre, Parkinson Lane, HX13XL

Lots of free fun for families with children aged 0 - 8 years old

No need to book - just turn up!

For more information call:

01422 252022 or 01706 399970

Mark making is a physical, sensory nd young children

Easter Holiday Activities trust



Tuesday

Week 1 - What makes you happy

26th March

10:30 am - 12:00 noon

Wednesday

27th March 10:30 am - 12:00 noon



Week 2 - Mega Construction

Wednesday

3rd April 10:30 am - 12:00 noon

Thursday

4th April 1:30 pm - 3:00pm

Lots of FREE fun for families with children aged 0 - 8 years old or more information call us on 01422 252022 or 01706 399970

Speech and Language Support Group Are you worried about your child's

Do you know that our Children's Centres run specific Speech and Language groups to support children who are struggling with early language?

speech?

The Group is run by an Early year's practitioner and qualified Speech and language Champion, who can suggest strategies to promote your child's communication and language development, as well as support with referral forms to a Speech and Language Therapist.

For families with children aged 0 - 5

For more information please Email: Farzana.kousar@regen.org.uk

01422 252022



HOT Children's Centre Nurseries



paying places

For children from 0 - 5 years!

opportunities

Halifax Opportunities Trust operates three nurseries across Calderdale alongside our children's centres at Siddal and Todmorden and alongside the Family Hub at Jubilee in Central Halifax

We are absolutely committed to creating superb nursery settings for children, all three of our nurseries have been rated as 'Good in all areas' by OFSTED.

For Jubilee Nursery contact 01422 362120 For Siddal Nursery contact 01422 291464 For Todmorden Nursery contact 01706 399970











Central Calderdale Children's Centre Services Spring Term 2024 **Wall Planner**



Group **Descriptions**

Baby Group (0-24 months): A weekly supportive group with lots of fun activities to support baby's development. No need to bookjust come along! (50 things: 3. Treasure Time; 4. Make your Mark; 5. Squidgy Sand; 6. Rhyme Time; 7. Making Music; 10. Sharing Books; 26. Splish Splash Splosh; 32. Where **Have I Gone**)

Family Group: For more information please see flyer overleaf. (50 Things: 3. Treasure Time; 10. Sharing Books; 11. Making Connections; 15. Dressing Up; 20. Mini Artists)

Breastfeeding Groups (virtual and face-to-face): For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

Friends Group: Join us and other parents, while your child is looked after by Early Years experts, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more. Classes take place each week for five weeks. To find out more and book your place please call: 01422 342552.

Scan the QR code below to visit our website and download a digital version of this wall planner or visit www.regen.org.uk/centraltimetable/



Centre

Jubilee

Lightowler Road Halifax, HX1 5NB

01422 342552 for more information and to book your place

Find us on Facebook JubileeChildrensCentre



Boothtown

Rawson Street North, Boothtown, HX3 6PU

Please call 01422 250365 for more information or to book your place Find us on Facebook BoothtownCC

Siddal

Backhold Lane, Siddal, HX3 9DL

Please call 01422 291464 for more information or to book your place. Find us on Facebook

Little Stars

Parkinson Lane, Halifax, HX1 3XL

Please call 01422 252022 for more information and to book your place



Family Support

Book-In 9.00am-1.00pm Appointment Only

Stay & Play

1.30pm-3.00pm Just come along no need to book (term time only)

Friends Group

- Settling in Creche - 15th January 10:00 - 11:00 am then 22nd Jan, 29th Jan, 5th Feb, 19th Feb, 26th Feb 9.30 - 11 .30am

Tuesday

Baby Group

9.30am-11.00am Just come along No need to book

Breast Feeding Group

12 noon - 1.30 pm (from 9th January 2024) Just come along

No need to book

New Time!

Wednesday

Family Support Book-In with Czech language support

1.00pm-5.00pm **Appointment Only**



Baby Clinic

9.00am-1.00pm

Appointment Only

Please call Locala on

03003045076

(ALTERNATIVE WEEKS)

starts 3rd January 2023

Stay & Play

9.30am-11.00am

Just come along

No need to book

(Term time only)

Thursday

Baby Clinic 9.00am-5.00pm

Appointment Only Please call Locala on 03003045076



1 pm - 4 pm Provides support to help

vou improve vour lifestyle. for a healthier, happier vou. Call 01422 230230 or email blt@calderdale.gov.uk

Baby Group

1.00pm-2.30pm

Just come along

No need to book

Friday

Stay & Play

9.30am-11.00am

Just come along

No need to book

(Term time only)

Better Living Service

Drop In



Stay & Play

9.15am-10.45am Just come along No need to book

(Term time only)

9.30am -11.00am

No need to book



Baby Group

Just come along



Saturday

Family Group 10.00am-12.00pm

Runs on the 2nd Saturday of every month, see flyer overleaf. Please call 01422 252022 for more information

Group **Descriptions**

Holiday Activities: For more information please see flyer overleaf (50 Things: 15. Dressing Up; 20. Mini Artists; 24. Hop Skip & Jump; 27. Park Keeper)

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families with children aged 0 -5. (50 Things: 4. Make your Mark; 6. Rhyme Time; 10. Sharing **Books: 11. Making Connections: 13.** Shout & Shhh; 15. Dressing Up; 18. Dance; 20. Mini Artists; 24. Hop Skip & Jump; 26. Splish Splash Splosh; 42. The Rough & the Smooth)

Baby Clinic: Meet your health visitor for baby weighing or to discuss your baby's health. Appointment only. Please call Locala on: 0300 3045076.

Family Support Book-in: You can make an appointment to speak to a Family **Support Worker for confidential** support and advice on family issues. Book-Ins are held, face to face at the centres, via appointment only. To book call 01422 434971. If you do not live within walking distance of our centres, or have difficulty accessing our book-ins due to disability or other issues, we may be able to organise a visit to your home.

For Midwife appointments and nonurgent enquiries/first point of contact/newly pregnant call 01484 355731 9 am - 1 pm Mon - Fri

First appointment 8.30 - 9.30am and 2.00 - 3.00pm: 01422 261351 (voicemail and call will be returned)

www.mypregnancynotes.com

To contact the Health Visiting Team call 0300 3045076



Follow us on Instagram @UpperCentral



Tweet us @UpperCentral

children & families



Family Support

Book-in

1:00pm - 5:00 pm

Appointment only.

Baby Clinic

9.00am-1.00pm **Appointment Only**

Please call Locala on 03003045076 (ALTERNATIVE WEEKS)

starts 9th January 2023

Baby Clinic 9.30am-3.00pm

Appointment Only Please call Locala on 03003045076

Baby Group

1.30pm -3.00pm Just come along No need to book

Baby Clinic

9.30am-3.00pm Appointment Only Please call Locala on

03003045076

Stav & Plav

1.30pm-3.00pm Just come along No need to book



(Term time only) **Friends Group** 10:00am-11:00am - Settling in Creche is 12th March 2024 then 19th March, 9th April, 16th April, 23rd April, 30th April 2024 9:30-11:00am