



What's On?
Spring Term
2024

Upper Valley Children's Centres

HOT Children's Centre Nurseries

Funded
and fee
paying places
available!



For children
from 0 - 5
years!

Halifax Opportunities Trust operates three nurseries across Calderdale alongside our children's centres at Siddal and Todmorden and alongside the Family Hub at Jubilee in Central Halifax

We are absolutely committed to creating superb nursery settings for children, all three of our nurseries have been rated as 'Good in all areas' by OFSTED.

For Jubilee Nursery contact 01422 362120
For Siddal Nursery contact 01422 291464
For Todmorden Nursery contact 01706 399970



Find out more, scan the QR code

Breastfeeding Group

Tuesdays: 10.00am – 11.30am
at Central Halifax Family Hub at Jubilee (sensory room)
Wednesdays: 10.30am – 11.30am
Virtual Group
Wednesdays: 1.00pm – 2.30pm
at St Paul's Methodist Church, Sowerby Bridge
Thursdays: 10.00am – 11.30am
at Todmorden Health Centre

For advice and support with breastfeeding, come along to our friendly group for breastfeeding mothers and their families in a relaxed setting, with experienced peer supporters.

For more information
please call us on
01422 342552 or
01706 399970



Baby Massage

Come along to our baby massage course for babies aged 6 weeks to pre-crawling.



The quality of closeness between parent and baby can have lifelong benefits. Evidence shows that massaging your baby may help to improve:

- communication & attachment process between parent & baby
- can calm baby & relieve stress
- soothe & help them to sleep better
- aid digestion, relieve colic & constipation
- strengthen babies' immune system
- help baby to develop muscle tone & coordination

Come along and learn more!

All you need to bring a natural unscented oil and a towel/blanket.

**Todmorden Children's Centre, Todmorden Community College,
Burnley Road, Todmorden, OL14 7BX**

FREE!

For more information
or to book your place
01706 399970

Family Group



Come and join us for lots of free and fun activities for all the family! Suitable for families with children aged 0-8 years old. There will be creative activities, messy play, games, music and more! Don't forget Dads and male carers can come along too!

Every 2nd Saturday of the month 10 am - 12 noon
13th January 2024 @ Little Stars Children's Centre, HX1 3XL
10th February 2024 @ Todmorden College Hall, OL14 7BX
9th March 2024 @ Little Stars Children's Centre, HX1 3XL
13th April 2024 @ Todmorden College Hall, OL14 7BX

All children must be accompanied by an adult
For more information please call
Little Stars Children's Centre on 01422 252022 or
Todmorden Children's Centre on 01706 399970

What are Family Hubs?

A new network called Family Hubs will bring together lots of support for your whole family, including children and young people of all ages from 0-19 years (or up to 25 for young people with special educational needs and disabilities).

Family Hubs will bring together services provided by different organisations. You will be able to access a Family Hub in person, at an outreach site such as a Library or community centre or even in your own home. Online support will also be available to families so you can get information, advice and guidance in one place.

Jubilee Children's Centre has now become a Family Hub and therefore will now be known as Central Halifax Family Hub at Jubilee, and is growing to include more support and services for families with children and young people. This will mean you will receive the same services we provide plus an even wider range of services so that you can access the right support at the right time.

To find out more about Family Hubs Calderdale, visit our calderdale.gov.uk/family-hubs or email, Family.hubs@calderdale.gov.uk



Easter Holiday Activities



Tuesday

Week 1 - What makes you happy

Boothtown Children's Centre, Rawson Street North,
Boothtown Road, HX3 6PU

26th March
10:30 am – 12:00 noon

Wednesday

Todmorden Community College, Burnley Road,
Todmorden, OL14 7BX

27th March
10:30 am – 12:00 noon



Wednesday

Week 2 - Mega Construction

St Paul's Methodist Church,
Sowerby Bridge

3rd April
10:30 am – 12:00 noon

Thursday

The Outback Community Kitchen & Garden,
Lightowler Road, Halifax

4th April
1:30 pm – 3:00pm

Face painting
will be available
at some events
with a small
charge of 50p
per child

Lots of FREE fun for families with children aged 0 - 8 years old
including craft, sensory and messy play activities.
For more information call us on 01422 252022 or 01706 399970



Make marks
using lots of
different
materials and
media!

Holiday Activities Making Marks

13th February - 1:30pm – 3:00pm
St Paul's Methodist Church, Sowerby Bridge, HX6 2EQ
14th February - 1:30pm – 3:00pm
Todmorden College Hall, Burnley Road, Todmorden,
OL14 7BX
15th February - 1:30pm – 3:00pm
Little Stars Children's Centre, Parkinson Lane, HX1 3XL

Lots of free fun for families with children aged 0 - 8 years old

No need to book - just turn up!

For more information call:
01422 252022 or
01706 399970

Mark making is a
physical, sensory
experience in which
babies, toddlers,
and young children
learn many different
skills.

Upper Valley Children's Centres Spring Term 2024 Wall Planner

halifax
opportunities
trust

Group Descriptions

Baby Group (0-2 years): A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along! (50 things: 3. Treasure Time; 4. Make your Mark; 5. Squidgy Sand; 6. Rhyme Time; 7. Making Music; 10. Sharing Books; 26. Splish Splash Splosh; 32. Where Have I Gone)

Family Group
For more information please see flyer overleaf. (50 Things: 3. Treasure Time; 10. Sharing Books; 11. Making Connections; 15. Dressing Up; 20. Mini Artists)

Holiday Activities: For more information please see flyer overleaf (50 Things: 15. Dressing Up; 20. Mini Artists; 24. Hop Skip & Jump; 27. Park Keeper)



Find us on Facebook
@todmordenchildrenscentre
@SowerbyBridgeCC



Follow us on Instagram
@UpperCentral



Tweet us @Upper Central

Scan the QR code below to visit our website and download a digital version of this wall planner or visit www.regen.org.uk/upper-valley-timetable/



Centre

Monday

Tuesday

Wednesday

Thursday

Friday

Hebden Bridge

Central Street Infant & Nursery School, Central Street, Hebden Bridge, HX7 6HB

St Michael's Church Hall, Church Street, Mytholmroyd, HX7 5DS

Todmorden

Todmorden Children's Centre, Todmorden Community College, Burnley Road, Todmorden, OL14 7BX

Todmorden Health Centre, Lower George Street, Todmorden, OL14 5RN

Sowerby Bridge

St Paul's Methodist Church, Tower Hill, Sowerby Bridge, HX6 2EQ

Baby Group term-time only (Central Street Infant & Nursery School) 1.00pm-2.00pm
Just come along
No need to book
(0-2 years)

Stay & Play term-time only (St Michael's Church Hall) 10.00 am-11.30am
Just come along
No need to book
(>5 years)

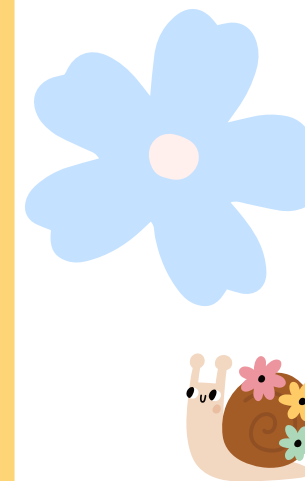
Breastfeeding Group (via 'Zoom') 10.30am-11.30am
Please call 01706 399970 to be sent a link

Stay & Play term-time only 1.30pm-3.00pm
Just come along
No need to book
(0-5 years)

Breastfeeding Group 1.00pm-2.30pm
Just come along
No need to book

Breastfeeding Group (Todmorden Health Centre) 10.00am-11.30am
Just come along
No need to book

Baby Group term-time only 10.00am-11.30am
Just come along
No need to book
(0 - 2 years)



Baby Group 9.30 - 11 am
Just come along
No need to book
(0-2 years)



Saturday

Family Group Alternate venues (see flyer over leaf) every 2nd Saturday of the month, 10 am-12 noon.
No need to book, just come along
(0-8 years)

Group Descriptions

Breastfeeding Groups (virtual and face-to-face): For more information please see flyer overleaf

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity session for families with children aged 0-5years (50 Things: 4. Make your Mark; 6. Rhyme Time; 10. Sharing Books; 11. Making Connections; 13. Shout & Shhh; 15. Dressing Up; 18. Dance; 20. Mini Artists; 24. Hop Skip & Jump; 26. Splish Splash Splosh; 42. The Rough & the Smooth)

Strengthening Families, Strengthening Communities: Free inclusive course to help parents and carers raise happy confident children from ages 3-18 years. To find out more and book your place please call 01706 399976

Family Support Book-in: You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the centres, via appointment only. To book call 01706 399976. If you do not live within walking distance of our centres, or have difficulty accessing our book-ins due to disability or other issues, we may be able to organise a visit to your home.

For Midwife appointments and enquiries/first point of contact/newly pregnant: 01422 224419.

Midwife Non-urgent advice line 8.30-9.30am and 2.00pm-3.00pm 07771973229 (voicemail and call will be returned)

For Health Visitor support and advice contact the Health Visiting Team on 0300 3045076

children & families