



What's On?
Summer Term
2024

Upper Valley Children's Centres



HOT Children's Centre Nurseries



Funded and fee paying places available!

For children from 0 - 5 years!

Halifax Opportunities Trust operates three high quality nurseries across Calderdale, all of our nurseries have been rated 'Good' in all areas by Ofsted.

Our experienced, qualified teams are absolutely committed to providing the highest standard of care and education. Please see Childcare Choices | 30 Hours Childcare, Tax-Free Childcare and More | Help with Costs | GOV.UK for more information about the new childcare entitlement for working families from April 2024.

For more information please call us:
Jubilee Nursery - 01422 362100
Siddal Nursery - 01422 291464
Todmorden Nursery - 01706 399970



Find out more, scan the QR code

Summer Holiday Activities

	Week 1 The Olympics	Week 2 At the Seaside	Week 3 Music Festival	Week 4 Messy Explosion	Week 5 Physical Fun
Tuesday	Centre Vale Park, Todmorden, OL14 7BS 23rd July 1.15 pm -2.45pm	Calder Holmes Park, Hebden Bridge, HX7 6HJ 30th July 10.30 am - 12 noon	Crow Wood Park, Sowerby Bridge HX6 2SJ 6th August 10.30 am - 12 noon	Akroyd Park, Boothtown, HX3 6HS 13th August 1.15 pm -2.45pm	Crow Wood Park, Sowerby Bridge HX6 2SJ 20th August 1.15 pm - 2.45 pm
Wednesday	Peoples Park, Halifax, HX1 2HH 24th July 1.15 pm -2.45pm	Crow Wood Park, Sowerby Bridge HX6 2SJ 31st July 10.30 am - 12 noon	Centre Vale Park, Todmorden, OL14 7BS 7th August 10.30 am - 12 noon	Peoples Park, Halifax, HX1 2HH 14th August 1.15 pm -2.45pm	Centre Vale Park, Todmorden, OL14 7BS 21st August 1.15 pm - 2.45 pm
Thursday	Siddal Rugby Club, Halifax, HX3 9AX 25th July 1.15 pm -2.45pm	Akroyd Park, Boothtown, HX3 6HS 1st August 10.30 am - 12 noon	The Outback Garden, Lighthowler Rd, HX1 5NB 8th August 10.30 am - 12 noon	Centre Vale Park, Todmorden, OL14 7BS 15th August 1.15 pm -2.45pm	The Outback Garden, Lighthowler Rd, HX1 5NB 22nd August 1.15 pm - 2.45 pm

Lots of FREE fun for families with children aged 0 - 8 years old including craft, sensory and messy play activities .
For more information call us on 01422 252022 or 01706 399970.

Face painting will be available at some events with a small charge of 50p per child

children & families

Spring Bank Holiday

Come and join us this half term and enjoy our Gruffalo themed play!

Wednesday 29th May 1pm - 2.30pm
Centre Vale Park, Todmorden, OL14 7BS

Thursday 30th May, 1pm - 2.30pm
Peoples Park, Halifax, HX1 2HH

Lots of fun, FREE and exciting craft, messy and physical activities for families with children aged 0 - 8 years old

No need to book - just turn up!

For more information call:
01422 252022 or
01706 399970

Face painting will be available at some events with a small charge of 50p

children & families

Family Group

Come and join us for lots of free and fun activities for all the family! Suitable for families with children aged 0-8 years old. There will be creative activities, messy play, games, music and more!

Don't forget Dads and male carers can come along too!

Every 2nd Saturday of the month 10 am -12 noon
11th May 2024 - Little Stars Children's Centre, HX1 3XL
8th June 2024 - Todmorden College Hall, OL14 7BX
29th June 2024 - Eid Party @ The Outback Community Kitchen & Garden, HX1 5NB, 11 AM - 1 PM
14th September 2024 @ Todmorden College Hall, OL14 BX

All children must be accompanied by an adult. For more information please call Little Stars Children's Centre on 01422 252022 or Todmorden Children's Centre on 01706 399970.

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Upper Valley Speech and Language Support Group

Are you worried about your child's speech?

Do you know that our Children's Centres run specific Speech and Language groups to support children who are struggling with early language?

The group is run by our Community Early Years Practitioners, who can suggest strategies to promote your child's communication and language development, as well as support with referral forms to a Speech and Language Therapist.

For families with children aged 2 - 5

For more information please call:
01706 399970

children & families

Ready, Steady Nursery

A new and exciting 6 week programme encouraging independent skills ready for nursery

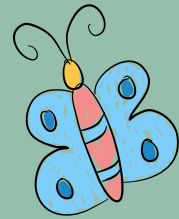
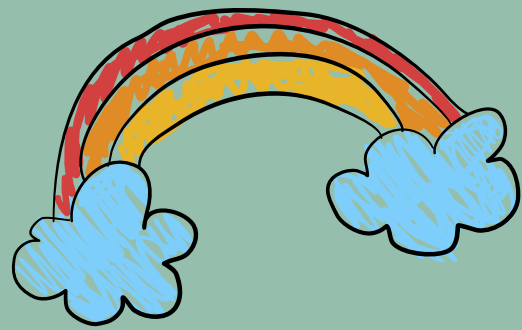
- Is your child aged 2 - 3 years and due to start nursery/pre-school?
- Does your child need support going to the toilet, dressing themselves, sitting and listening to a story?
- Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

Sessions will run:
Todmorden Health Centre, Todmorden, OL14 5RN
Mondays 3rd June - 8th July, 1.30pm - 3.00pm

Please call:
01706 399970
for enquiries or to book your place

children & families



Upper Valley Children's Centres Summer Term 2024 Wall Planner



Group Descriptions

Baby Group (0-2 years): A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along! (50 things: 3. Treasure Time; 4. Make your Mark; 5. Squidgy Sand; 6. Rhyme Time; 7. Making Music; 10. Sharing Books; 26. Splish Splash Splosh; 32. Where Have I Gone)

Family Group
For more information please see flyer overleaf. For 0 - 8 years. (50 Things: 3. Treasure Time; 10. Sharing Books; 11. Making Connections; 15. Dressing Up; 20. Mini Artists)

Holiday Activities: For more information please see flyer overleaf (50 Things: 15. Dressing Up; 20. Mini Artists; 24. Hop Skip & Jump; 27. Park Keeper)

Speech and Language Group (2 - 5 years): For more information please see flyer over leaflet. (50 things: 39. Talking Signs; 13. Shout and shhhh; 6. Rhyme Time; 21. GiggleBox; 10. Sharing Books)

Friends Group: Join us and other parents, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more. 6 week course. Creche places available for children aged 0-5 years. Please call 01706 399976 for more information and to book your place.

Baby Massage
A 4 week course delivered at various venues. Baby massage can help support a baby's immune system, aid digestion, relieve colic and constipation and promote good sleep. Contact us on 01706 399970 for more information and to book.

The Latch Clinic: Face-to-face appointments (on a 1-1 basis) to help you overcome pain and discomfort when breastfeeding. Appointments are easily bookable by contacting Locala on 03003045076.

@todmordenchildrenscentre
@SowerbyBridgeCC

@UpperCentral

Tweet us @UpperCentral

Centre	Monday	Tuesday	Wednesday	Thursday	Friday
Mytholmroyd St Michael's Church Hall, Church Street, Mytholmroyd, HX7 5DS	Stay & Play term-time only 1.30 pm - 3pm Just come along No need to book (0-5 years)				
Todmorden Todmorden Children's Centre, Todmorden Community College, Burnley Road, Todmorden, OL14 7BX	Friends Group 9.30 am - 11.30 am 6 week course starting June 2024 Referral only	Strengthening Families, Strengthening Communities 13 week course, referral only	Stay & Play term-time only 1.30 pm - 3.00 pm Just come along No need to book (0-5 years)	Breastfeeding Group (Todmorden Health Centre) 10.00 am - 12 noon Just come along No need to book	Baby Group 9.30 am - 11 am Just come along No need to book (0-2 years)
Todmorden Health Centre, Lower George Street, Todmorden, OL14 5RN (2nd Floor)	Ready Steady Nursery 1.30 pm - 3.00 pm 3rd June - 8th July Please call 01706 399970 to book (2 - 3 years)	Baby Clinic 9.30 am - 4.30 pm Appointment only Please call Locala on 03003045076	The Latch Clinic 9.30 am - 4.30 pm Appointment only Please call Locala on 03003045076		Breastfeeding Group (via 'Zoom') 1.00 pm - 2.00 pm Please call 01706 399970 to be sent a link
Sowerby Bridge St Paul's Methodist Church, Tower Hill, Sowerby Bridge, HX6 2EQ		Stay & Play term-time only 9.30 am - 11.00 am Just come along No need to book (0-5 years)		Baby Group term-time only 10.00 am - 11.30 am Just come along No need to book (0 - 2 years)	Saturday Family Group Alternate venues (see flyer over leaf) every 2nd Saturday of the month, 10.00 am - 12 pm No need to book, just come along (0-8 years)
		Friends Group 1.00 pm - 3.00 pm 6 week course starting April 2024 Referral only			

Group Descriptions

Breastfeeding Groups (virtual and face-to-face): A friendly group for breastfeeding mothers and their families in a relaxed setting, with experienced peer supporters

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity session for families with children aged 0-5years (50 Things: 4. Make your Mark; 6. Rhyme Time; 10. Sharing Books; 11. Making Connections; 13. Shout & Shhh; 15. Dressing Up; 18. Dance; 20. Mini Artists; 24. Hop Skip & Jump; 26. Splish Splash Splosh; 42. The Rough & the Smooth)

Strengthening Families, Strengthening Communities: Free inclusive course to help parents and carers raise happy confident children from ages 3-18 years. To find out more and book your place please call 01706 399976

Family Support Book-in: You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-ins are held, face to face at the centres, via appointment only. To book call 01706 399976. If you do not live within walking distance of our centres, or have difficulty accessing our book-ins due to disability or other issues, we may be able to organise a visit to your home.

For Midwife appointments and enquiries/first point of contact/newly pregnant: 01422 224419.

Midwife Non-urgent advice line 8.30-9.30am and 2.00pm-3.00pm 07771973229 (voicemail and call will be returned)

Visit: www.mypregnancynotes.com

For Health Visitor support and advice contact the Health Visiting Team on 0300 3045076

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